

Expedition Pack

- ___ SAM Splint
- ___ Trauma or EMT Scissors
- ___ 1 – Fine Hemostat
- ___ Thermometer (85°-107° F)
- ___ 15 yds Duct Tape
- ___ Cable Ties
- ___ Diaper Pins (or large safety pins)
- ___ 4" Elastic Bandage
- ___ 6" Elastic Bandage
- ___ Roller Bandage
- ___ Xerofoam Gauze
- ___ 2 – 4"x4" Sterile Gauze Pads
- ___ 2 – 2"x2" Sterile Gauze Pads
- ___ Spenco Second Skin (min 2"x2")
- ___ 1 – Large Dressing (sanitary napkin)
- ___ Butane Lighter
- ___ 1 – Cotton Burn Sheet (Clean Plastic Packed T-shirt)
- ___ 5 – Gal Ziplock Bags
- ___ Irrigator
- ___ Sawyer Extractor
- ___ Jungle and Reef Supplement
- ___ Antifungal – Clotrimazole 2% or Lotrisone (Lotrimine, Femastat)
- ___ Permethrin (5% cream, 1% shampoo) for lice, bed bugs, scabbies
- ___ Diarrhea – Ciprofloxacin or Azithromycin or Loperamide (Imodium)
- ___ Vinegar, 2 liters